

#### SECONDARY:

Dewey Escher - Dean of Students
Tanya Carlson - HS Counselor
Layce Johnson - Special Education
Winona Johnson - Career Tech. Ed.
Abigail Jones - Social Worker
Tristan Kroll - 6th Grade
Emma Stieve - 6th Grade
Kim Thorson - Physical Education
Mckenzie Tiegs - Math
Jeanne McCabe - Principal's Secretary

Kendra Vogel - Building Secretary

#### **ELEMENTARY:**

Jessica Dailey - 4th Grade
Sue Kluver - Sign Language Interpreter
Janalee Steinberg - Elementary Music
Hilary Clay - ECFE and Pre-K Paraprofessional
Daelene Ritchison - Elementary Paraprofessional
Devin Moline - Kindergarten (returning)



**DISTRICT NEWS** 

By: Tom Farrell

As summer comes to a close and the district finalizes preparations for the start of the 2019-20 school year, I want to take this opportunity to thank the community for their support of the LCWM School District. We are fortunate to have high quality school facilities that are well maintained. These excellent facilities will continue to serve the students, families and communities of our district for years to come. We need to continue to provide quality learning opportunities that engage and prepare our students for the future and grow our community. Our strategic plan moving forward is to continue to build supportive relationships with students, engage student learners in the learning process and prepare our students for tomorrow's world.

#### **Supportive Relationships**

At LCWM Schools, our first priority is to continue to develop and build upon supportive relationships with students so they can achieve to the best of their ability in a safe, equitable and respectful learn-

ing environment. Our students will be provided great opportunities in PreK-Grade 12. We need to ensure that our students know they are cared for and they realize anything is possible through hard work and commitment.

#### **Engaging Students**

To effectively engage all students in the learning process it is our intent that each student receives high quality, personally relevant instruction enhanced by all members of the learning community and that each student studies a challenging academic curriculum that supports social, emotional, physical, and ethical development. Each year, the LCWM Schools review and update specific areas of the curriculum to ensure that research-based, best practices are being taught. During the 2018-19 school year our teachers and principals reviewed the math curriculum. We are excited about the new curriculum that will be implemented in Grades K-6 and updates to the Grades 7-12 Curriculum.

Along with the academic curriculum, our Grade 9-12 students participate in community service projects. Students are required to complete 16 hours of community service prior to graduation. Developing a sense of community responsibility is a natural outcome of the educational process and we encourage and support student involvement beyond the classroom.

#### **Educating for Tomorrow's World**

The LCWM Schools work closely with students in planning for any post-secondary plans they choose to pursue. This may include entering the workforce directly after high school, serving in the armed forces, attending a trade or technical school, or attending a two-or four-Year College. A few of the resources and opportunities available to students and families for college and career planning include: individual meetings; career units - Career Investigations, MCIS personal learning plans; career assessments and inventories; college admissions and military rep visits; parent information sessions; experiential learning opportunities; classroom lessons; and counselor support. Due to a significant increase of skilled workforce job needs/opportunities projected by the Minnesota Department of Employment and Economic Development (DEED) to be available for graduates, LCWM Schools hosted a presentation last March which included representation from nine area business sponsors and presentations from DEED, Cardinal Manufacturing, (school-based business manufacturing) and Hutchinson EDA. We need to ensure that students have relevant courses and exposure to opportunities for their future. We will continue to offer college courses, but just as important is our renewed focus on Career Technical Education (CTE) for the skilled labor positions in our community and region. We must continue to expose students to opportunities locally that start right out of high school and/or through graduate school.

Together we need to continue to make the Lake Crystal Wellcome Memorial School District stronger, both now and into the future. I appreciate the strong community support and look forward to working with you in moving us forward together in **Educating our Students for Tomorrow's World**.

#### NON-PROFIT DRGANIZATION US POISTAGE PAID MADELIA, MN 56062 PERMIT NO 16

#### 2019-20 Athletic Fees

Senior High athletics per sport 100.00 Football, Volleyball, Cross Country, Soccer, Basketball, Wrestling, Downhill Skiing, Track, Golf, Baseball, Softball

Junior High athletics per sport 65.00
Cheerleading per sport 70.00
Extra-curricular Activities 25.00

Academic Decathlon, Band (competing students), Choir (competing students), Drama/Theatre (per event), Math League, Science Fair (competing students)

Participation Fee Family Max 350.0

Families eligible for **REDUCED meals** may sign a waiver to **pay 50% of athletic participation fees.** Families eligible for **FREE meals** may sign a waiver to **participate in athletic activities at NO COST.** 

### 2019-20 Admission Prices

Admission is charged for home athletic contests in most sports, band / vocal concerts and plays.

#### Per Event

Student K-12	4.00
College Students – with college ID	4.00
College Students – without college ID	6.00
Adults	6.00
Senior Citizens (65+)	4.00

#### Season Activity Pass

Senior Citizen	60.00
K-5 Student	50.00
6-12 Student	60.00
Adult	100.00
Staff	45.00
Family (Includes K-12 students only)	225.00
Preschool	FREE

PO Box 160 Lake Crystal, MN 56055

# INSIDE LCWM school news



#### **NOBLE KNIGHT NEWS**

By: Principal Dan Beert

#### Welcome Back!

LCWM elementary staff are excited about the upcoming 2019-20 school year. The PBIS theme for the year is Go for Gold, which will coincide with the upcoming summer Olympics! During the year we will have school-wide, grade-level, and classroom activities to help students work together to accomplish goals and be the best they can be. One of the goals for our district continues to be home/ school communication.

As an elementary school we communicate in a variety of ways. The main communication tool district-wide is Infinite Campus. This program allows the school office and district to send out emails and text messages to families. Other forms of communication include: Facebook, Instagram, Schoology, Seesaw, and Class Dojo. Seesaw and Class Dojo vary by

teacher/grade level and will be discussed with you at back-to-school conferences. Facebook and Instagram are updated by Shayna Cram or myself in the office and Schoology is used by our 5th grade staff. We always appreciate feedback and welcome suggestions on ways to improve. Open communication is important in all relationships and our relationship is no exception. Emails and text work great in gym. They will be there to answer questions and get families signed most cases, but many times phone calls and face to face meetings up for the PTO directory. Girl Scouts will have a booth and the Boy ensure better understanding and help prevent misunderstandings.

#### **New Math Curriculum**

The past year our elementary math committee studied the most current mathematical practices and analyzed different curriculums based on leading edge research. We are excited to offer the new curriculum for our K-5 students this year, **Bridges in Mathematics** by the Math Learning Center. Bridges is a research-based/non-profit company with excellent studies and staff development to back it up. It is a more hands-on/conceptual-based curriculum that engages students and increases student's understanding of math concepts

and number sense. This summer all our staff participated in two days of training and they will have another ½ day of training in January. As parents to a new curriculum, questions are common. Please do not hesitate to call your child's teacher or myself.

#### **Building Update**

This summer we installed new girl's bathroom stalls, put a new roof on the building, improved and added new sidewalks. A huge thanks to our wonderful school custodians, Ken Sullivan, Shirley LaFavor and our summer help which included Bonnie Barott, Tracy Meadows and Jen Pahl. Their hard work over the summer has the building looking new. If you see them at conferences give them a big thanks.

#### **Movement Hallways**

Through a generous donation, LCWM Elementary was able to add sensory pathways throughout the preschool and Knights Plus hallways. The sensory pathways will allow for movement breaks, gross motor development, vestibular balance and proprioception (knowing where you are at in space). A huge shout out to Alisha Prange (Miss Alisha), a trained SMART instructor, who helped train staff and installed the pathways.

The PTO will again have a table set up at conferences in the small Scouts will have a booth in school on September 9th.

Finally, we look forward to continuing to improve our communication and strengthen our positive relationships with our students and parents. Many questions arise at the start of the year, so please contact our wonderful office staff (Kathy, Shayna, Nurse Jess and Nurse Tina) or your child's teacher if you have any questions at 507-726-2320. Our district's mission, Educating for Tomorrow's World, remains front and center, and we will do our best to meet this goal for your child.

#### **2019-20 TECHNOLOGY BYTES**

Welcome to the 2019-20 school year! We are excited that K-2 Students will have new iPads this year and students in 3rd grade will have new Chromebooks.

By incorporating technology into these classrooms we are able to foster to different learning styles, improve classroom collaboration, and start at an early age preparing our students for tomorrow's world.

Teachers and students will continue to use the Learning Management System called Schoology again this year. K-5 students will also be using Seasaw to increase communication between staff and students. Watch for more information about these platforms at conferences and please ask any of your student's teachers if you have questions at any time. Feel free to contact me directly as well!

I am looking forward to a great year of using technology to enhance our education and continue to have access to fresh information to supplement the learning experience. Technology Director:

> Jacob Quade jquade@isd2071.k12.mn.us 507-726-2323

#### **New with Community Education:**

- 1. Check out our Afternoon Artists programs on Tuesdays including Spotlight Dance, Drawing Lessons, Pastels & Watercolors, Sewing, Christmas Crafts, Children's Choir, and Book Club! Affordable Childcare available.
- 2. We are excited to bring back Prairie Fire Children's Theatre this fall with the production of Beauty and the Beast! All 2nd-12th grade students are invited to audition for this free opportunity on Monday, Nov. 4th at
- 2. Watch this fall for the addition of at least three adult education programs including Small Appliance Repair, Carpentry, and Basic Plumbing thanks to a grant from Big Ideas!
- 3. Our Adult Welding Class still has openings for its two sessions, call the office for more information at 507-726-2673.
- 4. Jenny Bierma is our official Registration and Facility Specialist. Please email her your registration questions
- at jbierma@isd2071.k12.mn.us and your facility rental questions
- at facilities@isd2071.k12.mn.us
- 5. Our "FLOAT" program is designed to help students participate in Community Education programs when families cannot afford it. If you are interested in donating to this awesome cause for our community, please email Andrea Hanson

at ahanson@isd2071.k12.mn.us

For more information on any of these, please seek out "Community Ed." on the school website or call our office at 507-726-2673. We look forward to serving LCWM this upcoming school year. Go KNIGHTS!

#### **MARK YOUR CALENDAR IMPORTANT UPCOMING DATES**

**Knights Night:** Saturday, September 14

**Senior Night:** September 18

**Early Childhood Screening:** September 16 & 23

**Homecoming Week:** September 23-27

**Education Minnesota:** October 17 & 18

### **WELCOME CLASS OF 2026**

#### By: Principal Mike Thofson **Welcome 6th Grade**

This fall we welcome the Class of 2026 to the Secondary Building. The teachers and staff are eager to meet their new students and want them to know that we are ready to help them with their transition from the Elementary. The first semester will look and feel very much like their experiences in previous years, without a lot of moving from room to room and having fewer teachers throughout the day. Second semester students will have an ex-

another room and a new teacher.

Sixth Grade Orientation will be Wednesday, August 28 from 4:30 - 5:30 pm. This will be a time for students and parents to meet their teachers. Staff will be available to

ploratory class to introduce the concept of traveling to

answer questions ranging from lunch to online registration from 3:30-5:30.

**W** 

Open House for grades 6-12 is Wednesday, August 28 from 3:30 5:30 pm. We have revamped our program to streamline the evening from past years. There will be help available for parents with Online Registration, and students who have completed Online Registration will be able to pick up their Chromebook. Families will also be able to make payments for lunch, athletics, and insurance if they choose.

### **Calculators / School Supplies**

LCWM does not supply math calculators for students. The math department has a set available for middle school students, but these remain in her classroom. The math department recommends the TI 83 Plus. Other supply lists can be accessed from the cannot be made after the 2nd day of class. home page of the school's website under Resources - For Parents. Please label your student's items!

#### **Campus Portal**

The Parent Portal allows each household to access information about grades, attendance, report cards, schedules, lunch accounts, etc. from any computer on the Internet. This includes a system for paying fees or lunch deposits with a credit card. If you are not familiar with the system or need assistance, please contact the secondary office.

#### **Online Registration**

All students will register for school using the Online Registration System. The system can be accessed from the school's webpage by clicking on Online Registration and selecting Existing or New Family. There will be no paper registrations accepted this year. Online Registration needs to be completed before students can pick up their Chromebook.

#### **Meal Benefits Application**

This application can be found on the school's website under Programs & Services - Free & Reduced. All households are encouraged to complete this, even if you don't think you qualify for free/reduced lunch. There are many education programs besides meals and athletics that use this same form and have different qualifying levels; PLEASE take time to fill this out.

Families can view the 2019-20 Student Handbook from the school's website. Changes made to the handbook during the school year will be posted on the homepage. Students and parents are encouraged to review the handbook as changes have been made since last year to reflect School Board Policy changes. The Student Handbook is only available online.

#### **Schedules**

Students in grades 7-12 who are returning to LCWM are expected to login to Infinite Campus and print their schedules prior to the first day of school. 6th grade students and new students will receive their schedules with a before-school mailing, if those schedules have been created. If students in 7-12th grades have empty periods in their schedule, they should contact Ms. Carlson or Mr. Fiala to complete it before school starts. Schedule changes

#### Chromebooks

Students in grades 7-12 will be getting a Chromebook this year. Chromebooks can be picked up at Open House on August 28. They will have to have all documents signed and fees paid before a device will be issued. 6th grade Chromebooks will be kept in the classrooms but insurance fees will need to be paid before they are allowed to use them. These documents are part of the Online Registration System and can be completed anytime before the first day of school.

thank you

to everyone who generously donates to the LCWM School District! We appreciate your dedicated support that greatly enhances the educational experience of our students.

Your donation is tax deductible. If you don't receive a receipt or letter from the district for your tax preparer, please contact Karissa in the school district office at 507-726-2323 x 1050.

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#### **VOCATIONAL OPPORTUNITIES ANNUAL NOTIFICATION**

Lake Crystal Wellcome Memorial School District offers a wide variety of vocational opportunities through the Business Education, Agricultural Education and Family and Consumer Science departments. The purpose of this notice is to inform students, parents, employees and the general public that these opportunities are offered regardless of race, color, national origin, sex or disability. Admission in the specific courses is determined by grade level, and in some cases, completion of prerequisite courses.

The district has designated the following individuals to coordinate compliance with Section 504 of the Rehabilitation Act of 1973 and Title IX of the Education Amendment Act of 1972.

Section 504 Coordinator Ashleigh Foster 507-726-2320 Alternate Section 504 Coordinator Mike Thofson, Principal 507-726-2110, ISD 2071, 607 Knights Lane Lake Crystal, MN 56055

Title IX Coordinator Tanya Carlson 507-726-2110 Alternate Title IX Coordinator Tom Farrell, Superintendent 507-726-2323, ISD 2071, 607 Knights Lane, Lake Crystal, MN 56055.

A listing of program offerings includes Exploring Agri Science, Welding Technology, Advanced Welding, Home Maintenance and Auto Care, Building Practices, Wildlife Management, Work Experience, Animal Science, Ag Technology, Computer Applications, Advanced Computer Applications, American Business Concepts, Accounting I & II, Web Design, Desktop Publishing I & II, Sports Marketing, Intro to Family and Consumer Science, Consumer Foods, Advanced Foods, Child Development and Parenting and LifeSmarts. Complete course descriptions can be found on the district website: www.isd2071.k12.mn.us > Schools > Secondary School > High School Counselor > Academic > Registration. The 19-20 LCWM Registration Booklet is the first link in the blue section of the page.

#### **FOOD SERVICE INFORMATION**

Lunch: PK-5: \$2.70, 6-12: \$2.80, Adults: \$3.80 Breakfast: K: Free, Gr 1-5: \$1.50, 6-12: \$1.60,

Adults: \$2.00

K-5 Healthy Snack: Year \$60.00; Trimester \$22.00 LUNCH PAYMENT PROCESS - Lunch account balances can be monitored and funds can be added on the district website using the Infinite Campus Parent Portal (in Food Service menu on left side of screen). You may also send lunch money to school to be deposited into the student's account. PLEASE place money in your child's lunch account before the account has a zero balance so meals are not charged. Lunch accounts are individual accounts, not family accounts. FREE/REDUCED MEALS

ALL households are encouraged to complete the Meal Benefits Application, even if you don't think you qualify for free/reduced lunch. There are many education programs besides meals and athletics that use this same form and have different qualifying levels, so please take the time to complete the form.

To apply online, the application can be found on the district website: www.isd2071.k12.mn.us . Log on to the Parent Portal in Infinite Campus (tab on right side on the district home page). The application is located under More > Meal Benefits in the left hand menu. Otherwise, hard copies can be found in your school office or the district office and can be turned in to your school office or the district office when complete.

To receive benefits at the beginning of the school year, please submit the form on or before the opening day of school. Also, if your income status changes during the year, you may apply or reapply at any time during the year.

We are very careful to keep this information confidential.

#### **TOBACCO FREE ENVIRONMENT**

LCWM policy 419 states that any type of tobacco, tobacco-related device or electronic cigarette is prohibited in school buildings, on school grounds, in school vehicles and during school sponsored activities that are off site.

#### **LCWM SCHOOL DISTRICT TRANSPORTATION GUIDELINES**

Safety is the primary concern in transporting students. Safety on school buses is the shared responsibility of students, parents, school staff, bus contractors and bus driv-

Parents/guardians should read and explain bus rules to their children. We ask for your cooperation in helping us provide a safe and pleasant ride for all students by impressing upon your child(ren) the importance of bus safety and courtesy at the bus stop and on the bus.

**ROUTE TIMING:** When school opens in the fall, inconsistencies in route timings are often experienced. Fortunately, the weather during this time of year is usually quite pleasant and we appreciate your patience as drivers get familiar with their routes and riders. As the year progresses the times should be consistent, but it is still good idea to be at the bus stop at least 5 min. ahead of the scheduled pick-up time. The weather, traffic and students not riding can affect the timing.

**REMINDER:** Please call the bus company if your child(ren) are not riding due to illness, doctor appointments, etc. This is important for our rural, out of town, families so the driver may proceed to the next bus stop without delay.

BUS STOPS: Bus stops are determined by need and location of bus riders and may change from year to year. Bus drivers are **NOT** required to stop if there are no students waiting, so it is important for the students to be at the stop a few minutes before the bus time, waiting to board the bus.

BUS ASSIGNMENTS: We are required by the state to transport eligible children to and from home or child care. Allowing children to ride buses they are not assigned to may cause overcrowding on those buses, preventing students that are assigned to them having a safe and comfortable ride. Consistency of routes is also very important for

Transportation will **NOT** be provided for students to attend parties, meetings, or going home with friends etc. However, temporary transportation may be arranged **ONLY** for emergency situations. Parents/Guardians must call the bus company to make prior arrangements.

CHANGE OF ADDRESS: If you move during the school year, please inform the school at your earliest opportunity. They will then inform us.

PARENTS/GUARDIANS: School buses are to be used to transport students only; no parents/guardians will be allowed to ride (exceptions would be field trips).

NOTICE: Minnesota law states that that transportation by a school is a PRIVILEGE, NOT A RIGHT, so protect your privilege with proper conduct at all times. RULES ON THE BUS: \* follow directions of the bus driver \* always sit face forward and

do not move around \* talk quietly, be courteous and use appropriate language \* keep all parts of your body inside the bus \* keep your arms, legs and belongings to yourself \* no fighting, harassing, intimidating or horseplay \* do not throw any objects in or out of the bus or damage the bus \* no eating or drinking on the bus

\* no verbal and/or physical sexual harassment.

Students who violate these rules will be disciplined. **Bus transportation companies:** 

Champlin Bus Service 507-726-2832 Nickel Transportation 507-726-6403 (PreK & Special Ed)



#### CHILD CARE UPDATE

The main office of Crystal Valley Cooperative in Lake Crystal, Minn., will become a child care center next spring. The boards of directors for the Crystal Valley Cooperative and the Little Lakers Early Learning Center are finalizing an agreement for the sale of the building to the non-profit organization, the Little Lakers Early Learning Center.

First Children's Finance conducted a study that concluded there is a gap of approximately 95-105 children in the area without child care. In response to the study several community members met to discuss the need and eventually formed a non-profit corporation. The Little Lakers Early Learning Center was formed in 2018 to provide an additional option for child care.

"With Lake Crystal and surrounding communities needing additional childcare, this community-led initiative will help provide a solution," said Linda Leiding, chairperson of the Little Lakers Early Learning Center Board of Directors. "The Little Lakers board of directors is very excited to offer this asset to the community."

First-floor renovations will begin in January, with doors expected to open in the spring. The center will serve 84 children, ranging in age from six weeks to pre-kindergarten. To be added to the center's waiting list, contact Devin Moline at ddpete5600@gmail.com or (507) 327-7878. The lower level will provide opportunities for leased office space. For more information, contact Dean Meixell at 507-381-2924.

The organization is engaging in fundraising to raise funds to cover the start-up costs including building renovations, playground equipment, classroom furnishings, and curriculum. For more information, please contact Dean Meixell at 507-381-2924 or Dina Voit at 507 351-4333.

Little Lakers Early Learning Center board members include Linda Leiding, Dean Meixell, Susan Gengler, Tom Farrell, Ryan Yunkers, Devin Moline, Dina Voit, Taylor Gronau, Linda Reid, Bryan Stading, and Don Swedberg.

### **EARLY CHILDHOOD SCREENING**

Dates: September 16 & 23, January 27, March 2 Location: LCWM Elementary School

Early Childhood Screening is a quick and simple check of how your child is doing at age 3-4 years. During the screening, well-qualified staff will check your child's vision, hearing, growth, immunization status, skills in thinking, communication and language, large and small motor skills and social/emotional development. The screening is FREE OF CHARGE to families in our district. Children are required to have had an early childhood screening done prior to entering kindergarten. Screening is to be completed ideally when the child is around 3 1/2. This is not a "test" to get a place in preschool, so your child does not have to have this completed to start preschool.

Parents of children who are eligible for screening receive a letter inviting them to screening. Watch for this letter to arrive and return the included post card as soon as possible. If you have not yet received information about screening, please contact Kim Kleven.

FCFF/Pre-K Coordinator Kim Kleven kkleven@isd2071.k12.mn.us 507-726-6646

#### **RESPECT:**

Honoring the uniqueness of myself and others in thought and action.

#### **RESPONSIBILITY:**

Taking ownership for our individual and collective actions and decisions.

#### **LEADERSHIP:**

Influencing others to achieve a shared goal.

#### **INTEGRITY:**

Doing the right thing - even when no one is watching.



#### **SCHOOL CENSUS**

Do you have a new baby in the family or have you moved into our community? We want to include your child on our census! Once your child is on the census you will get mailings for early childhood events and classes. If you are new to the district, and/or have a 0-5 year old who has not yet attended school, please call the E.C.F.E office at 726-2320 ext. 5237 or email kkleven@isd2071.k12.mn.us. You can download a census form from the district website under the Community Education tab.

Website: www.isd2071.k12.mn.us.

#### **HOME SCHOOL**

Minnesota law allows parents to educate children at home if certain criteria are met. The law also requires that parents who educate their children at home are to notify the superintendent in the school district in which they reside. If you are providing education for your children at home, please contact Karissa in the Superintendent's office at 726-2323 x1050 by September 1.

#### TITLE I & II

LCWM School District is able to offer the federal Title program to qualified students who need extra help in reading and math. The program takes place during the school day in the classroom through the use of trained paraprofessionals that work under the direction of the classroom teacher.

Oth Annual KNIGHTS NIGHT | Saturday, September 14 | 4:30 pm ction - Farmer's Market - Food Court - Kid's Activities - And MORE!

If you are interested in donating, contact

meyer @ 507-327-1057, Megan Lange @ 507-382-4723, Miller @ 507-380-9528 or Bill Dostal @ 507-382-8348

NONDISCRIMINATION POLICY In accordance with Federal Law and U.S. Department of Agriculture policy and MN 363A.13, the Lake Crystal Wellcome Memorial School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to youth groups.

It is the policy of ISD 2071 to maintain a learning and working environment that is free from religious, racial or sexual harassment, and violence. It is a violation of this policy for any pupil, teacher, administrator or other school personnel of the district to inflict, threaten to inflict, or attempt to inflict, religious, racial, or sexual harassment or violence upon any pupil, teacher, administrator or other school personnel. (For purposes of this policy, school personnel includes school board members, school employees, agents, volunteers, contractors or persons subject to the supervision and control of the district.)

The school district will investigate all complaints, either formal or informal, verbal or written, of religious, racial, or sexual harassment or violence, and will take appropriate action against any pupil, teacher, administrator or other school personnel who is found to have violated this policy.

In the school buildings, complaints about possible violation of this policy should be immediately reported to the building principal. Complaints involving other areas of the district should be immediately reported to the superin-

The following persons have been designated to handle inquiries regarding non-discrimination policies: Doug Burns, 507-726-2110; Ashleigh Foster, 507-726-2120; Caleb Fiala, 507-726-2110; or Tanya Carlson, 507-726-2110; 607 Knights Lane, Lake Crystal, MN 56055.

ISD 2071 is an equal opportunity provider and employer.

# health update

#### By: Nurse Jess

#### **Medications**

Parent authorization and doctor's orders are needed <u>each</u> <u>school year</u> for students needing to take medication or have a procedure performed. A medication form must be completed by the parent/guardian and the physician, and returned to your child's school office. <u>This completed form is required for prescription medications</u>, procedures and self carry medications to be given or performed for your child at school, so it must be returned before the first dose is needed at school. Over the counter medications use the same form, but only the parent and student must sign.

The medication needs to be provided in an original, currently dated, labeled container that matches the physician's orders. An adult must bring any medications to the school office where it will be stored in a locked cabinet. Records will be kept on the medications taken by your child.

Please refer to the nurses or website for the district medication policy.

Forms can be found on the LCWM Website under Programs and Services - then the Health Services Tab.

If your child has asthma, allergy/anaphylaxis, seizures, diabetes or a general medical condition please go to our Health Services Tab and fill out an Individual Health/Emergency Health Plan so we can keep your child safe in school and make sure the appropriate staff are informed. If your child requires an accommodated diet, please let us know as soon as possible. There are forms to be filled out for this by your doctor.

#### **Keep Your Child Home From School:**

- If he/she has a fever of 100 degrees or more. They should remain at home until they have been fever free without the use of medications for 24 hours.
- If he/she has vomiting or diarrhea. They should remain at home for 24 hours after the last episode.
- If he/she has any rash or skin condition of unknown cause.
   Please check with your healthcare provider before sending them to school.

Please call the office *daily* to report the illness and leave a short description of illness (this is for tracking purposes - example: fever, cough, vomiting). You can find our guidelines for illnesses on the health services website.

#### Immunization Requirements

#### For *incoming Kindergarteners*:

- 3 Hepatitis B
- 5 DTaP/Td/Tdap (5<sup>th</sup> shot not needed if 4<sup>th</sup> was after age 4)
- 4 Polio (4<sup>th</sup> Polio not needed if 3<sup>rd</sup> after age 4)
- 2 MMF
- 2 Varicella (chicken pox). A doctor will need to sign an exemption waiver form if your child has had the chicken pox.

#### For **7**<sup>th</sup> **graders**:

- 3 Hepatitis B
- 3 DTaP/Td and a Tdap Booster (new requirement)
- 3 Polio
- 2 MMR
- 1 Meningococcal (meningitis) ~ booster dose required 3 years later
- 2 Varicella (chicken pox)
- HPV and Influenza are highly recommended, but not required

If you do not wish to immunize your child, you must have a Conscientious Exemption Form (found on our website) signed in front of a notary – you must do this for Kindergarten and 7<sup>th</sup> grade or any change regarding exemptions. Parents and students - do not hesitate to ask myself or Nurse Tina any questions. You can call either of us at the schools or email us at:

Jthormodsgard@isd2071.k12.mn.us Tgravelle@isd2071.k12.mn.us

## health and safety notification

Lake Crystal Wellcome Memorial Public Schools is committed to providing a healthy and safe environment for all employees, students, and public citizens utilizing the school facilities. The District maintains a Board approved Health and Safety Program that lists and documents the procedures and plans for maintaining a safe and healthy environment. The Health and Safety Program also helps the District maintain compliance with the numerous state and federal regulations and laws governing health and safety issues in the District. As a part of that compliance, each year the District notifies the employees and parents of following ongoing programs.

#### **Presence of Asbestos within District Buildings**

The Lake Crystal Wellcome Memorial Public School District has continued to respond to asbestos present in our school buildings through monitoring and maintenance. Asbestos, most often found contained in thermal pipe insulation, is a mineral fiber associated with increased levels of disease when inhaled.

Since the implementation of the Asbestos Management Plan in 1989 the District has continued with its ongoing asbestos operations and maintenance program, including a periodic surveillance every six months in each of the District's buildings. During the periodic surveillance, damage to material containing asbestos is noted and repaired following strict procedures. Asbestos is dangerous only when it is broken loose from building material into fine, dust-like fibers and inhaled. When this condition becomes a possibility, asbestos is removed.

This past year the District conducted the periodic surveillance as required by the Asbestos Management Plan. These inspections are done to maintain asbestos-containing materials in a safe condition in all areas of the buildings where asbestos is present.

The detailed Asbestos Maintenance Plan and updated information for each building, and for the entire district, is open to public review. You can find the Asbestos Management Plan located in the District Office of Lake Crystal Wellcome Memorial Public Schools. If you have any further questions about asbestos or other safety related issues, please contact the District's Safety Coordinator, Timothy Harbo, at (507) 351-5495 or the District Office.

#### **Integrated Pest Management**

Lake Crystal Wellcome Memorial Public Schools, as part of the District's Health and Safety Program, has an Integrated Pest Management Program. This program establishes procedures on the use of pesticides in and around the District's Buildings.

Lake Crystal Wellcome Memorial Schools utilize a licensed, professional pest control service firm for the prevention and control of rodents, insects, weeds, and other pests in and around the district's building. Their program consists of:

- Inspection and monitoring to determine whether pests are present, and whether any treatment is needed;
- Recommendations for maintenance and sanitation to help eliminate pests without the need for pest control
  materials:
- Utilization of non-chemical measures such as traps, caulking, and screening;
- Application of EPA registered pest control materials when needed after regular school hours or when school
  is not in session.

Pests can sting, bite, cause contamination, damage property, and spread disease, therefore we must prevent and control them. The long-term health effects on children from the application of such pest control materials, or the class of materials to which they belong, may not be fully understood. All pest control materials are chosen and applied according to label directions per Federal law.

In addition, school district personnel may apply pest control materials inside or on school grounds as needed.

Pest control materials are registered by the U.S. Environmental Protection Agency (EPA) and are selected and applied according to label directions.

An estimated schedule of interior pest control inspections and possible treatments is available for review or copying at each school office. A similar estimated schedule is available for the application of herbicides and other materials to school grounds. Parents of students may request to receive, at their expense, prior notification of any application of a pest control material, should such an application be deemed necessary on a day different from the days specified in the schedule.

#### Air Quality

The District maintains a comprehensive program for Air Quality in the school buildings. The purpose of this program is to maintain optimum air quality in the District buildings. Throughout the year air quality is monitored and air handling systems are maintained on an established schedule to insure good air quality. The District will continue to monitor, maintain, and address air quality issues. If you have any questions or concerns regarding air quality and the Air Quality Management Program please contact Timothy Harbo, Environmental Coordinator, or the District Office.

#### **Emergency Procedures**

The District has developed detailed plans for emergency procedures such as fires, tornadoes, or other crisis issues. Some of those plans have building specific procedures which will be provided by the building administration at the start of the school year. Plans can be found in each office.

#### **Employee Right To Understand**

The Health and Safety Program provides detailed information on chemicals and conditions determined to pose potential hazards to employees who work with these chemicals. Affected employees receive annual training and the District maintains safety data sheets on these chemicals and conditions. For more information on this program, contact the District Office.

#### Lead

LCWM Public Schools, as part of the District's Health and Safety Program, has collected water samples from all fixtures used for drinking and/or cooking. Samples are taken and analyzed for lead content by a MDH certified laboratory every 5 years. Samples were last collected Timothy Harbo of Harbo Consulting Agency and analyzed by Minnesota Valley Testing Laboratories(MVTL). Results are available for review at the District office. LCWM Public School is making every effort to eliminate or reduce building occupant's exposure to lead through the drinking water. If you have any questions or concerns regarding this issue, you may contact Tim Harbo, 507-351-5495.

#### Safety Committee

The District has an employee/administration safety committee that meets regularly during the school year to address safety concerns and issues. Please feel free to contact Timothy Harbo at the District office if you have concerns or issues relating to health and safety in the District.

Timothy Harbo

**Environmental Coordinator** 

#### **KNIGHTLINE NEWSLETTER**

YOUR DISTRICT COMMUNITY NEWSLETTER

The Knightline Newsletter is published for residents and business owners of ISD #2071. All resident and business owners receive this publication because of their support for the district through tax payments.

DISTRICT OFFICE 607 Knights Lane | Lake Crystal, MN | 56055

#### SCHOOL BOARD MEETINGS

Meetings are held at 5:30 pm in the Secondary Media Center the third Monday of every month unless noted otherwise on the District Calendar.

#### SCHOOL BOARD MEMBERS

Linda Leiding, Chair Tony Jacobs, Vice Chair Kent Thiesse, Clerk Erin Berle, Treasurer

Jill Antony Kelly Hoeft Ryan Jones

